

Curriculum Map Overview

Academic Year: 2026-2027



Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Nursery	Locomotion Walking	Locomotion Jumping	Gymnastics High, Low, Over, Under	Dance Ourselves	Hands 1 Ball Skills Hands 1	Feet Ball Skills Feet
Reception	Health and Wellbeing Health and Wellbeing	Dance Seasons	Learning through Play Playing through games	Gymnastics Moving	Rackets, Bats and Balls Rackets, Bats, Balls and Balloons	Attack v Defence Games For Understanding
Year 1	Learning through Play Playing Games	Hands 1 Ball Skills Hands 1	Dance Toys	Feet Ball Skills Feet	Attack v Defence Games For Understanding	Running Running
	Gymnastics Body Parts	Health and Wellbeing Health and Wellbeing	Team Building Team Building	Gymnastics Wide, Narrow, Curled	Jumping Jumping	Rackets, Bats and Balls Rackets, Bats and Balls
Year 2	Locomotion Dodging	Gymnastics Linking	Hands 2 Ball Skills Hands 2	Gymnastics Pathways	Locomotion Jumping	Rackets, Bats and Balls Rackets, Bats and Balls
	Health and Wellbeing Health and Wellbeing	Learning through Play Creating Games	Dance Explorers	Team Building Team Building	Feet Ball Skills Feet	Attack v Defence Games For Understanding

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Year 3	Gymnastics Canon and Unison Game Sense Game Sense Invasion	Health and Wellbeing Mindfulness Invasion Handball	Dance Wild Animals Invasion Basketball	Alternative Games Foot Golf Gymnastics Symmetry & Asymmetry Swimming Swimming	Net/Wall Tennis Athletics Athletics: Competitions Swimming Swimming	Outdoor Adventure Activities Communication & Tactics Striking & Fielding Cricket Swimming Swimming
Year 4	Outdoor Adventure Activities Communication & Tactics Gymnastics Levels and Direction	Game Sense Game Sense Invasion Dance Space	Alternative Games Foot Golf Health and Wellbeing Mindfulness	Invasion Basketball Gymnastics Bridges	Athletics Athletics Net/Wall Tennis	Striking & Fielding Cricket Invasion Handball
Year 5	Game Sense Game Sense Invasion Outdoor Adventure Activities Communication & Tactics	Dance Street Art Invasion Basketball	Gymnastics Counter Balance & Counter Tension Outdoor Adventure Activities Problem Solving	Alternative Games Foot Golf Invasion Handball	Athletics Athletics Net/Wall Tennis	Striking & Fielding Cricket Outdoor Adventure Activities Orienteering

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Year 6	Game Sense Game Sense Invasion Outdoor Adventure Activities Communication & Tactics Swimming Swimming	Dance World War II Invasion Basketball Swimming Swimming	Gymnastics Matching & Mirroring Outdoor Adventure Activities Problem Solving Swimming Swimming	Invasion Handball Alternative Games Foot Golf Swimming Swimming	Net/Wall Tennis Athletics Athletics Swimming Swimming	Outdoor Adventure Activities Orienteering Striking & Fielding Cricket Swimming Swimming